



Six Seconds Survey of Emotional Intelligence (SEI)

Overview



- ❑ Six Seconds are the worlds largest not-for-profit Emotional Intelligence (EQ) Network; they are a global community of change makers contributing to a world of insight, connection, and purpose
- ❑ Six Seconds strongly believe the world would be a better place if a billion people were practicing the skills of Emotional Intelligence (EQ); so, they are spearheading cutting edge research and sharing scientific, global and transformational tools/ methods to support that goal
- ❑ UBalancer Solutions are proud to be a preferred partner of Six Seconds (only two in Australia) - we are certified to use a suite of their EQ Profiling and Reporting tools, which form the basis of all our Leadership Excellence Programs

<http://www.6seconds.org/>

Survey of Emotional Intelligence (SEI)

- SEI is scientifically validated, practical measure of emotional intelligence with an action-oriented model supporting people to use and improve their EQ skills.
- SEI is used in 127 countries for a broad range of training, coaching, selection, and development needs
- SEI measures EQ competencies AND key success factors which are critical to a successful Leader
- SEI provides a solution to help leaders measurably improve in the people-side of performance. The tool assesses competence and delivers a practical roadmap for development. SEI scores predicts over 54% of important success factors: decision-making, influence, effectiveness, relationships, quality of life, and health — essential outcomes for thriving teams.

Why choose SEI?

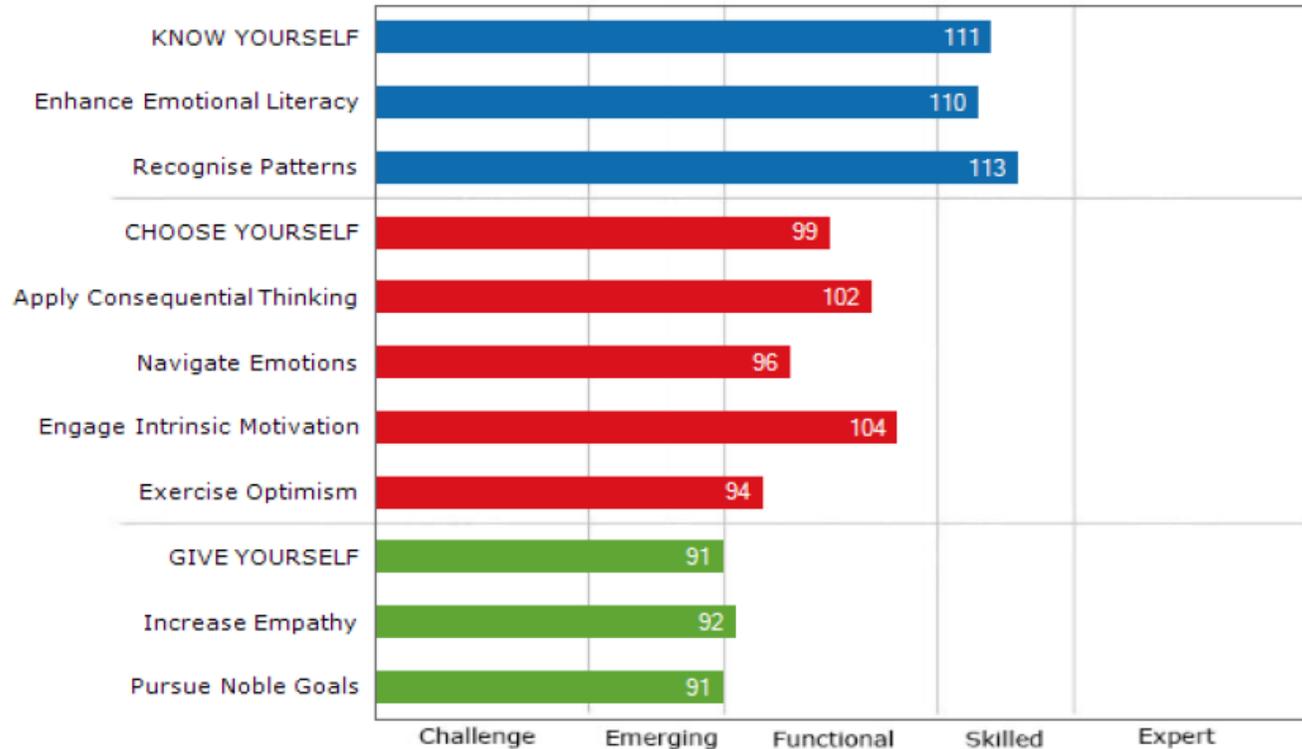
SEI has been deemed the “best-in-class” because of the blend of **robust** psychometrics, easy **practicality**, and global **relevance**; where several other EQ tools provide meaningful feedback, the SEI is unique because it’s not JUST feedback, it delivers a process framework that equips people to actually USE emotional intelligence -

<http://www.6seconds.org/2011/07/18/comparison-of-eq-tests/>

- ✓ **Development Focused** - straightforward model. Created by the experts in learning and teaching EQ. Detailed reports with specific techniques, exercises and strategies. Extensive range of proven curricula and related tools that improve performance.
- ✓ **Statistically Reliable** - embedded self-correcting indices increases objectivity. Strong psychometric properties with best-in-class analysis of over 20 different norm scales. used in each assessment Scores on the SEI predict 50-60% of a combination of Quality of Life, Relationship Effectiveness, Wellbeing, and Personal Effectiveness (based on forward stepwise regression against self-reported outcomes, see the Technical Manual).
- ✓ **International** - developed and validated internationally; Six Seconds has offices and partners in over 25 countries. Assessment and report in many languages including Arabic, Chinese, English (US and UK), French, German, Indonesian, Italian, Japanese, Lithuanian, Macedonian, Portuguese, Spanish (Latin and European).
- ✓ **Convenient** - fully-automated online administration and scoring (paper available). Option for client to instantly receive report or for consultant (or both). Turnkey packaged with proven, in-depth training materials developed by world-class curriculum designers.

SEI – measurement sample

EQ Competencies



Success Factors

