



Judy Williams

Executive & Team Awesomeness Expert
NeuroLeadership Coach, Professional Trainer, Facilitator & Speaker

Judy leads a very successful coaching, consulting and facilitation business where she has worked with managers, individuals and teams from the public sector and other organisations. She is an Executive, Team and NLP Coach, Professional Trainer, Facilitator and Speaker with an extensive background in public sector training and development focusing on brain based techniques for sustainable results.

One of her recent roles was an Organisational Development Coach for three years in the state public sector. Judy is a Master of Neuro-Linguistic Programming (NLP) and uses her extensive coaching, neuroscience and NLP skills to assist her clients to achieve success in many areas of their lives. Judy delivers training in NLP to organisations and individuals.

Judy has completed a Post Graduate Certificate in the Neuroscience of Leadership. She uses a brain-based approach to her coaching, consulting and facilitation that provide sustainable results to her clients. She has an Executive Masters In Neuroleadership.

Judy works with leaders studying NeuroLeadership across the world. Judy has delivered training in face-to-face and distance coaching courses. She has delivered presentations at international conferences in Singapore, London and New York on Neuroleadership content including how the brain responds to change, attention, memory, emotional regulation, decision making etc.

Judy delivered a “Brain Science for Managers” course at the Australian Institute of Management for three years. Evaluations from participants consistently achieve 6 and 7 out of a possible score of 7 for knowledge and facilitation.

Judy is a voluntary Board Member for Stepping Stone Clubhouse, Coorparoo, where she works closely with members of the Board, Executive Director, staff and members to enable financial and strategic goals to be achieved. This organization is going through significant change and Judy contributes to leading them, building relationships and ensuring the organization achieves success.

“I have worked with Judy for a number of years and feel privileged to have her as my coach. Judy genuinely cares. She is patient, calm, empathetic, encouraging, listens intently, never judges, asks insightful questions, all which enable me to come up with actionable insights from the aha moments. These qualities underpin her ability to create a safe space for me to be vulnerable, honest and to gain clarity. Yet she is also persistent with gentle prodding to hold me accountable to make and embrace the agreed changes. All of which have benefitted me immeasurably both professionally and personally. I can't thank her enough. I would highly recommend Judy as an awesome coach, particularly for those seeking support or growth”
Meredith, Principal Advisor, Queensland State Government

Qualifications

Graduate Diploma in the Neuroscience of Leadership.

MBSLA Accredited Coach

SEI Emotional Intelligence Accreditation

Previous Clients

Public Sector Qld – Department of Transport & Main Roads

Public Service Commission

Public Safety Business Agency

Orange Sky Laundry

JosieThomson.com

National Rugby League

Areas of Interest/ Expertise

Leadership Coaching

Brain Based Coaching

EQ Coaching

At the core

I have strong values of integrity, honesty, and striving to add value to those I work with.

Why Coaching?

“I love working with people to take them from where they are now to where they want to be. I get a thrill seeing their results as they develop confidence and make headway on those things that are most important to them”

LinkedIn

<https://au.linkedin.com/in/toniccoaching>

Website

www.ubalancer.com.au