

## Alison Lalieu

Leadership Performance Expert  
Executive NeuroCoach. Mentor. Facilitator. Trainer  
Emotional Intelligence Practitioner  
Conversational Intelligence © Practitioner



Alison Lalieu is a brain-based NeuroCoach, who is deeply passionate about blending Emotional Intelligence (EQ), Conversational Intelligence (C-IQ) concepts into a holistic, transformational and life changing Executive coaching experience. As CEO of UBalancer Solutions, Alison is dedicated to super-charging thriving leadership across Australia and New Zealand; and leads an international team of skilled NeuroCoaches skilled in Emotional Intelligence coaching who share her vision. Alison brings the most up to date neuroscience to her coaching, helping her clients to better understand the key drivers of motivation, influence and performance.

As the only certified Six Seconds EQ Practitioner in Queensland, Alison is one of the most highly acclaimed content matter experts in the state and brings invaluable experience and wisdom to transform the leadership of her clients. She is passionate about developing emotionally intelligent leaders who are skilled in the art and neuroscience of conversation, who foster safe and trusting cultures in an innovative, creative and fun way. Alison draws on world tools and strategies to improve relationships, communication, confidence, influence, engagement and most importantly performance.

“As a coach, I enjoy forming strong alliances with my clients, to gain more insight into their current situation and their vision; to facilitate connection to explore the possibility of change and to support them in finding their own path forward”.

Alison is also a Flow and Performance Consultant with the global Entrepreneurs Institute, and skilled in helping leaders to grow trust and ‘flow’ with their teams, partners and customers.

Alison has worked internationally, facilitating workshops & training coaches in South Africa, India, UK, New Zealand, Singapore and the United Arab Emirates. She has been a speaker at the Six Seconds EQ summit in Dubai and delivered keynotes at the University of Queensland, Griffith University, (Australia), Amity University (United Arab Emirates) and been the keynote motivational speaker at the DEX Conference in Sydney (2018).

*“It is my great privilege to be participating in coaching with Alison from UBalancer Solutions. My sessions with Alison have provided great insight into EQ and Conversational Intelligence (C-IQ), and have enhanced my skills to confidently and capably influence constructive conversations. I’ve especially enjoyed exploring what it is to be an inspirational leader. I am grateful that Alison has encouraged me to articulate my ‘noble goal’, to nurture and develop my networks, and to practice and encourage big picture thinking. Alison has given me the confidence and encouragement to be the leader I aspire to be.”*

– D. Briggs GM Powerlink Queensland

### Qualifications

BSC Physio (Hons)  
Master of Counselling (QUT 2009)  
Certified NeuroLeadership Coach (2013)  
Certified Emotional Intelligence Practitioner & Network Leader for Queensland (2015) (Six Seconds)  
Flow Consultant (Entrepreneurs Institute 2016) Brisbane Partner (EI)  
Conversational Intelligence Practitioner & Certified Coach (Creating WE Institute 2017)

### Clients

Dept. of the Prime Minister & Cabinet  
Health World Ltd  
Powerlink QLD  
FLSmith  
Coles Supermarkets  
Tatts Group  
Hatch Growth  
U&U Recruitment  
Active Build  
Villa World

### Areas of Interest

Connecting Leaders with their Potential  
Thriving Leadership  
Family Fun  
Travelling

### Why Coaching?

“I am passionate about connecting people with their potential. Coaching is an inspirational, shared journey of discovery – and provides clients with the chance to explore and create a road map for personal and professional leadership development. My hope is for my clients to thrive, and I feel thankful to be in a position to motivate & champion them as they strive toward attaining their dream, no matter what that may be”.

### LinkedIn

<http://www.linkedin.com/in/alisonlalieu>