



Judy Williams

Executive & Leadership Expert

NeuroLeadership Coach, Professional Trainer, Facilitator & Speaker

Judy leads a very successful coaching, consulting and facilitation business where she has worked with managers, individuals and teams from the public sector and large technical organisations. She is an Executive, Team and NLP Coach, Professional Trainer, Facilitator and Speaker with an extensive background in public sector learning and development focusing on brain based techniques for sustainable results.

Judy recently coached four General Managers at Powerlink Queensland with outstanding result for them during a time of change and uncertainty. She easily builds rapport with a wide range of people including technical and non-technical leaders.

She had extensive experience as an Organisational Development Coach in the state public sector. Judy is a Master of Neuro-Linguistic Programming (NLP) and uses her extensive coaching, neuroscience and NLP skills to assist her clients to achieve success in many areas of their lives.

Judy has completed a Post Graduate Certificate in the Neuroscience of Leadership. She has an Executive Masters In Neuroleadership. She uses a brain-based approach to her coaching, consulting and facilitation that provide sustainable results to her clients.

Judy works with leaders studying brain based leadership across the world. Judy has delivered training in face-to-face and distance coaching courses. She has delivered presentations at international conferences in Singapore, London and New York on Neuroleadership content including how the brain responds to change, attention, memory, emotional regulation, decision making etc.

Judy is a voluntary Board Member for Stepping Stone Clubhouse, Coorparoo, where she works closely with members of the Board, Executive Director, staff and members to enable strategic goals to be achieved. This organization is going through significant change and Judy contributes to building relationships and ensuring the organization achieves success.

"I really enjoyed working with Judy Williams as a leadership coach. She is clearly passionate about helping people achieve their potential. I always appreciated her direct, insightful, open and logical approach to breaking down problems and workshopping solutions. She has many coaching tools at her disposal and thinks outside the box. With Judy's help I was able to achieve a greater sense of calm, clarity, and satisfaction in the busy-ness of work and life and learnt to focus on my strengths and celebrate my achievements. Thanks Judy!" - Marla Cunningham, Manager, Health World Ltd & Metagenics

Qualifications

Graduate Diploma in the Neuroscience of Leadership.

Executive Masters of Neuroleadership

MBSLA Accredited Coach

SEI Emotional Intelligence Accreditation, SEI 360, SEI Vital Signs, Brain Profiling

Previous Clients

Public Sector Qld – Department of Transport & Main Roads

Public Service Commission

JosieThomson.com

National Rugby League

Powerlink Queensland

HealthWorld & Metagenics

Beyond Brilliant Foundation

Academy of Brain-Based Leadership

Neuroleadership Institute

Areas of Interest/ Expertise

Leadership Coaching

Brain Based Coaching

Emotional Intelligence (EQ) Coaching

At the core

I have strong values of integrity, honesty, and strive to add extraordinary value to those with whom I work

Why Coaching?

"I love working with people to take them from where they are now to where they want to be. I get a thrill seeing their results as they develop confidence and make headway on those things that are most important to them"

LinkedIn

www.linkedin.com/in/judywilliamscoach

Website

www.ubalancer.com.au