



Maureen Owen

Creating space for new possibilities

Transformational Coach, Facilitator & Consultant

Maureen has over 20 years' experience working with human and organisational dynamics as a successful coach, consultant, change agent and senior manager. She weaves together brain-based coaching, emotional intelligence and conversational intelligence® to support individuals, teams and organisations to create and sustain positive change.

One of her greatest strengths as a coach is her ability to transform how leaders see their business and leadership experiences to facilitate breakthroughs and sustain positive change whilst building their leadership strength. This is often about working with leaders to understand the difference between intention and impact, enabling them to see themselves and behaviour in a new light and from here make new choices and create a more positive impact. She encourages leaders to experiment with new behaviours and actions based on their insights and this opens up a pathway to positive transformation that can establish higher levels of trust, improve relationships, trigger growth and innovation, resolve or avoid conflict, and generally enable them to have a greater positive impact.

As a transformational coach she is devoted to supporting people to bring the best of themselves forth to lead, create and sustain new ways of being for success in a world that is in constant change.

Based in Brisbane.

Testimonials

"I look back and think how I was when we met and am amazed at the change. I am so grateful for your kindness, understanding and patience as you skillfully guided me to see people and events through different perspectives and to explore and try different strategies. Your empathetic, thoughtful approach and gentle insights helped me to better understand myself, recognise my worth and develop greater confidence in my strengths. I can't thank you enough" - Manager, Queensland Government.

"Maureen is an experienced professional who models mutual respect and resilience. I have always been confident of her ability to work collaboratively with even the most difficult client. I have been very happy with the work she has undertaken, which has included working with a number of challenging personalities within the agency. She has a depth of understanding of workplace dynamics and combines qualities of practical application and theory with a professional and engaging communication style" - Director of HR, Commonwealth Government.

"Maureen is committed to a genuine partnership, working together with others to deliver a service that makes a difference to that business. Maureen builds relationships that have the valuable balance of support and challenge needed to facilitate engagement in and ownership of new ways of thinking and sustainable change" - HR Executive, Local Government.

Qualifications

Masters in Organisational Development
Bachelors in Human Resource Development,
Human Relations & Communications
Graduate Certificate in NLP
Associate Certified Coach (ACC) ICF
NeuroLeadership Coach & Team Coach
Certified Emotional Intelligence Practitioner
(EQ Assessor, SEI, SEI 360, Vital Signs)
Conversational Intelligence® Certified
Practitioner and Enhanced Skills Coach
CINERGY Conflict Management Coach

Previous Clients

Australian Customs & Border Protection
Brisbane City Council & City of Gold Coast
Uniting Care Community
Department of Communities
Queensland Health
Electricity & Water Ombudsman QLD
Office of the Health Ombudsman
Ellipse Management Consulting
Arbutnot and Associates

Areas of Interest/Expertise

Creating breakthroughs for executives.
Performance, Change & Team Coaching.
Conversational Intelligence® to master
leadership challenges, establish trust, &
communicate with impact.
Enhancing EQ to improve relationships,
resilience, effectiveness & influence.

At the core

I believe in Ubuntu or humanness, the realisation that each of us thrives only when all of us thrive. We are inextricably linked to our family, our community, and our world.

Why Coaching?

I love working with people and creating spaces to think and act in new ways that open up new possibilities, elevate the capacity to respond to challenges and use them as a foundation for growth.

LinkedIn

www.linkedin.com/in/maureenowen

Website

www.ubalancer.com.au