



Geoff Lang

Executive Coach

Overview

Geoff is a NeuroLeadership Trainer and Facilitator, Six Seconds Certified EQ Assessor and Executive Coach. He specialises in practical emotional intelligence and applied neuroscience.

As well as leadership and coaching, Geoff continues a successful career in the Australian Public Service. Spanning 11 years, performing at the Executive Level in Accounting, Risk Management, Project Management and Leadership Development.

Through coaching and consulting, Geoff fulfils his 'Why'. That is, by helping CEOs and high performers achieve their Big Hairy Audacious Goals and reach new heights of fulfillment.

Geoff exemplifies living a balanced and high-performance life, fusing: wellbeing, family, career, business, achievement, learning, hobbies and commitments to worthwhile causes.

Geoff is based in Canberra, ACT Australia.

Geoff's success as a coach comes from his ability to help clients enhance: clarity • energy • necessity • productivity • influence & courage

Testimonials

"Geoff provided a unique insight to facilitate reflection upon my own leadership style. I would recommend this service to anyone serious about analysing and improving their leadership."

Andrew, Senior Executive, Australian Public Service

I found my Survey of Emotional Intelligence (SEI) debrief with Geoff to be informative, insightful and inspiring. I would highly recommend Geoff to anyone who is seeking clarity of self, in a concise & constructive way."

Cassie, Director & COO UBalancer Solutions

"Geoff helped me polish my goals and focus on the things in my life that had been holding me back. Together, we co-created my transformation."

Lina, Author, Canberra

"Since working with Geoff, I have more clarity of who I am and I've improved my relationship with my partner, family and friends."

Jamsheed, IT Contractor, Sydney

"Geoff has a great coaching presence. When my focus drifted Geoff helped me get back on track and I smashed my goals out of the park!"

Alistair, Director, Mind Muscle Personal Training

"Geoff is a brilliant coach - he has great listening skills, is very friendly, business minded and insightful. Geoff's natural intuition helped me set strategic goals and identify my strengths and weaknesses."

Elizabeth, Senior Adviser, Department of the Prime Minister and Cabinet

Qualifications

Certified Neuro-Leadership Coach
Six Seconds Certified EQ Assessor
Masters in NLP
Extended DiSC Certified Assessor
Certified Practising Accountant (CPA)
Project Management Professional (PMP)
PRINCE2 Practitioner
Bachelor of Commerce
Bachelor of Arts

Previous Clients

Mind & Muscle, Sydney
Little Hands Therapy, Canberra
Department of Prime Minister & Cabinet
Department of Health & Ageing

Areas of Interest/ Expertise

Neuroscience of Leadership
Emotional Intelligence
Executive Coaching
Wellbeing
Peak Performance

Why Coaching?

"It is a privilege and an honour to be a coach. I love witnessing the magic of transformation as a person breaks limiting beliefs and opens up to expanded ways of thinking and realising what they can accomplish."

Contact Details

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