



Maureen Owen

Creating space for new possibilities

Transformational Coach, Facilitator & Consultant

Maureen supports leaders and their teams to navigate and lead at the edge. Committed to genuine partnership, she encourages clients to use the challenges they face as catalysts for growth, and the opportunity to learn, to bring more of themselves, their gifts, their potential and humanity forward.

Maureen has over 25 years' experience working with human and organisational dynamics as a successful coach, consultant and senior manager. Her work has focused on supporting leaders to navigate change, enhance leadership practice, build engagement and develop more robust relationships.

Maureen is dedicated to creating spaces for people to connect, navigate and grow. Spaces where leaders can bring themselves, their gifts, their potential and humanity forward in service to others and the world.

She weaves together brain-based coaching, emotional intelligence, conversational intelligence® and CINERGY conflict management coaching methodologies to support leaders to:

- Master their leadership challenges and expand their impact.
- Anchor their aspirations and use them as a catalyst for action.
- Understand the difference between intention and impact and then see their behaviour through this lens to be more impactful.
- Experiment with new behaviours and actions and new ways of being.
- Elevate their capacity build healthier and more resilient relationships and organisations in the face of uncertainty and disruptive change.
- Establish higher levels of trust and communicate with impact.
- Strengthen relationships, partnerships and teamwork, resolve or avoid conflict to expand what is possible.

Clients have described her coaching as: a very empowering experience, rich, powerful and inclusive; thoughtful, a rare and a beautiful offering, skilfully guiding me to see people and events through different perspectives and to explore and try different strategies; really helping me reflect on gaps between what I value in a strong leader and what I am currently doing; helping me better understand myself, recognise my worth and develop greater confidence in my strengths, enabling deeper insights than I would have gained by simply thinking through a challenge or working towards a goal by myself; a rich, powerful and inclusive process that left me feeling more deeply alive after the sessions.

Clients describe Maureen as: kind, empathetic and thoughtful, a skilful guide with amazing insight, committed to genuine partnership, with a remarkable ability to help you think outside your own perspective and gain an understanding of what makes others tick, a fabulous coach, a model of mutual respect and resilience, ruthlessly non-judgemental and able to build relationships that balance of support and challenge to facilitate and create sustainable change.

Maureen is based in Brisbane.

Qualifications

Master's in Organisational Development
Bachelor's in Human Resource Development,
Human Relations & Communications.
Graduate Certificate in NLP.
Professional Certified Coach (PCC) ICF.
NeuroLeadership Coach & Team Coach.
Certified Emotional Intelligence Practitioner
(EQ Assessor, SEI, SEI 360, Vital Signs).
Conversational Intelligence® Certified
Practitioner and Enhanced Skills Coach.
CINERGY Conflict Management Coach.

Previous Clients

Australian Customs & Border Protection
Brisbane City Council & City of Gold Coast
Uniting Care
Department of Communities
Queensland Health
Electricity & Water Ombudsman QLD
Office of the Health Ombudsman
Arbuthnot and Associates
Second Skin

Areas of Interest/Expertise

Creating breakthroughs for executives.
Conversational Intelligence® to master
leadership challenges, establish trust, &
communicate with impact.
Enhancing EQ to improve relationships,
resilience, effectiveness & influence.
Performance, Change & Team Coaching.
Coaching science research and practice.

At the core

I believe in Ubuntu or humanness, the
realisation that each of us thrives only when
all of us thrive. We are inextricably linked to
our family, our community, and our world.

Why Coaching?

I am dedicated to contributing to the healing
and transformation of our world as we rise to
the challenges of increasing levels of
complexity, volatility and disruption. I see
leaders and their capacity as vital and
essential ingredients in this endeavour.

LinkedIn

www.linkedin.com/in/maureenowen

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