



Alison Lalieu

Passionate about igniting courageous and curious leadership for a kinder, more connected and change ready world.

Alison Lalieu is an experienced Executive NeuroCoach, Advanced Emotional Intelligence Practitioner and Certified Dare to Lead™ Facilitator. In the past few years, she has become increasingly recognised globally as an expert in Change Leadership.

She uses her powerful blend of credentials to develop emotionally intelligent, transformational leaders who are skilled in the art and neuroscience of conversation, who nurture safe, brave cultures in an innovative, creative, engaging and fun way.

Since authoring a global Emotional Intelligence report with Six Seconds (SEI LTC – Leading Through Change) and Change Leadership Online (CLO), Alison has become one of the most sought after Change Leadership content matter experts around the world.

As the CEO of UBalancer Solutions, Alison leads a community of highly accredited Executive Coaches, all skilled in Emotional Intelligence (EQ) coaching. Together they work to deliver innovative, transformational leadership programs for a broad range of clients across Australia and New Zealand.

As an APAC Preferred Partner of the global EQ network, Six Seconds, Alison collaborates extensively with a wide range of people across the world in the field of EQ. Her deep passion and interest in Change has led to invitations to speak at several events, and to support the successful facilitation of change initiatives.

In 2019 Alison was trained by Dr Brené Brown to be one of her global *Certified Dare to Lead™ Facilitators*. This additional lens brings to life the work and research of Dr Brené Brown in a way that powerfully highlights the courage building skillsets needed for leaders to grow braver cultures, and navigate the tough conversations that will need to happen for their organizations to thrive in the next 5 years.

Alison strives to ignite transformational leadership, one conversation at a time. Whether mentoring students or coaching C-suite leaders, she is known for bringing her wholehearted and caring authentic self to every interaction.

She has shared her deep interest in growing highly emotionally intelligence leaders and cultures through facilitation, training and keynote speaking in several countries, including South Korea, South Africa, United Kingdom, New Zealand, Singapore, Mexico City, Thailand, the United Arab Emirates and across her home country, Australia.

Alison lives between Brisbane and the Sunshine Coast in Australia.

QUALIFICATIONS

- Certified Dare to Lead™ Facilitator;
- *Dr Brené Brown*
- Advanced Emotional Intelligence Practitioner & Preferred Partner;
- *Six Seconds*
- Conversational Intelligence Practitioner®; *WBECS Creating WE Institute*
- Associate Certified Coach (ACC); *International Coaching Federation (ICF)*
- Brain-based Coach; *NeuroLeadership Institute*
- Master of Counselling; *QUT*
- BSC Physiotherapy; *WITS University*

ACCOLADES

- Author of the Six Seconds Emotional Intelligence report: Leading Through Change (SEI LTC)
- Author of Change Leadership Online (CLO)
- Co-Author of *Leadershift Essentials* eBook

CLIENTS

The Dept of the Prime Minister & Cabinet
Dept. of Environment & Science, QLD Gov't
Strike Fuels
Air New Zealand
Powerlink Queensland
McNab Construction
Apollo Property Group
MercerBell
Dissh Boutiques
Smartline
Champ Group
Villa World
Maven Dental Group
Metagenics Inc.
Ray White
Surf Life Saving Australia

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