



Maureen Owen

Creating space for new possibilities.
Transformational Leadership Coach & Facilitator.

Clients describe me as insightful, committed to genuine partnership, kind, ruthlessly non-judgemental and having a remarkable ability to help others think outside their own perspective.

I believe that we have a choice about how we respond and how we turn up in the world, no matter what circumstance we find ourselves in. I am devoted to supporting people to do just that whilst bringing the best of themselves forth.

My work as a coach and facilitator is focused on supporting leaders and their teams to build a strong foundation of awareness and skills to navigate their leadership challenges and build higher levels of trust, and their capacity for building healthier and more resilient relationships with themselves and others in the face of uncertainty and disruptive change.

Committed to fostering thought provoking and creative partnerships I encourage my clients to use the challenges they face as catalysts for growth, and the opportunity to learn, bring more of themselves, their gifts, their potential and humanity forward to expand what's possible.

I have over 25 years' experience working with human and organisational dynamics as a successful coach, consultant and senior manager. I use the learning and insights gleaned from these years of navigating the messiness and complexity of corporate life to support my clients to maximise their personal and professional potential in whatever circumstances they may find themselves in.

My work is also fuelled by a deep love of the human spirit and the innate potential I believe resides within each of us. For as long as I can remember I have been fascinated by human behaviour and how some people thrive and excel in spite of the challenges they face whilst others are seemingly reduced by circumstance, shrinking and retreating in response. What is it that makes this difference? And how do we tap into the best of these capacities and the fullness of our human potential? And how do we create the conditions for activating these capacities with others?

Clients have described my coaching as: a very empowering experience, rich, powerful and inclusive; thoughtful, a rare and a beautiful offering, truly transformative; skilfully guiding me to see people and events through different perspectives and to explore and try different strategies; really helping me reflect on gaps between what I value in a strong leader and what I am currently doing; helping me better understand myself, recognising my worth and developing a greater confidence in my strengths; enabling deeper insights than I would have gained by simply thinking through challenges or working towards goals by myself; a rich, powerful and inclusive process that left me feeling more deeply alive after each session.

I live in Brisbane, Australia with my husband Nicholas and our adorable but very naughty cat Stefan. I love yoga, cooking and learning about food from different cuisines, spending time in nature and hanging out with friends and family.

Qualifications

- Master's in Organisational Development.
- Bachelor's in Human Resource Development, Human Relationships & Communications
- Graduate Certificate in NLP
- Professional Certified Coach (PCC) ICF
- NeuroLeadership Coach & Team Coach
- Certified Emotional Intelligence Practitioner (EQ Assessor, SEI, SEI 360, Vital Signs, EQFIT)
- Conversational Intelligence® Certified
- CINERGY Conflict Management Coach
- Dare to Lead™ trained

Clients

Australian Customs & Border Protection
Brisbane City Council
City of Gold Coast
Uniting Care
Department of Communities
Queensland Health
Electricity & Water Ombudsman QLD
Office of the Health Ombudsman
Arbuthnot and Associates
Second Skin

Areas of Interest/ Expertise

- The anchoring aspirations, values, and strengths as a foundation for leadership.
- Supporting leaders to master their leadership challenges and expand their impact.
- Enhancing leader's capacity to build trust and to connect, navigate and lead with impact.
- Strengthening relationships, partnerships and teamwork to resolve or avoid conflict.
- Enhancing Emotional Intelligence to improve agility, resilience, impact and effectiveness.

Why Coaching?

I am dedicated to contributing to the healing and transformation of our world as we rise to the challenges of increasing levels of complexity, volatility and disruption. I see leaders and their capacity as vital and essential ingredients in this endeavour.

LinkedIn www.linkedin.com/in/maureenowen